

Healthway Compounding Pharmacy

2544 McLeod Dr N. Ste #2

Saginaw, MI 48604

Phone 989-791-1691 Fax 989-791-4603



Patient: _____ DOB _____ Date _____

Address _____ City/St./Zip _____

Home Phone: (____) _____ Allergies: _____

All compounds for clinic use require a prescription written for each individual patient. Medication will be dispensed with patient specific label and patient specific package.

Most Frequently Prescribed Compounds for Women's' Health page 1 of 2

Anal Fissure Cream

- Misoprostol .002%/Nitroglycerin 0.2%/Phenytoin 2% Cream
Sig: Apply a pea-size amount BID. Do not use if pregnant.
Dispense 30gm

Hemorrhoids

- I/O Suppository (Rectal Rocket)
Hydrocortisone 2%/Lidocaine 1%
Sig: Insert 1 suppository rectally at hs for 6 nights. Dispense 6
- Hydrocortisone 2.5%/Ketoprofen 10%/Lidocaine 4% cream
Sig: Apply a pea-size amount BID-TID. Dispense 30gm

Lichen Planus

- Hydrocortisone 50mg vaginal suppository &
Tacrolimus 2mg vaginal suppository Dispense 7 of each 14 total
Sig: Insert 1 suppository vaginally at hs for 14 days (alternating)

Vaginal Infection

- Boric Acid 600mg vaginal suppository
Sig: Insert 1 suppository vaginally at hs. Dispense 30

Vulvodinia

- Amitriptyline 2%/Baclofen 2% cream
Sig: Apply 1/2ml BID-TID Dispense 30gm

Vaginal Dryness/Atrophy

- Estriol 0.25mg/gm vaginal cream Dispense 30 gm 60 gm
Sig: Insert 2 gm vaginally hs for 2 weeks, then 3 times weekly
for 2 weeks, then 1 gm 3 times weekly prn
- Estradiol 0.1mg/ Progesterone 10mg/gm vaginal cream
Dispense 30 gm 60 gm
Sig: Insert 2 gm vaginally once daily for 7 days, then 3 times
weekly.

Non-Hormonal option

- Hyaluronic Acid 5mg/gm aloe vera gel Dispense 60gm
Sig: Insert 2 gm vaginally daily as needed.

Orgasmic Dysfunction

- Vifem cream F2739 (Theophylline 3%/Arginine 6%/
Ergoloid Mesylates .05%/Nitroglycerin 0.1%/Pentoxifylline 5%)
Sig: Apply 1/2ml to clitoris 1 hr before intercourse.
Dispense 15ml

Bio-Identical Option for HRT

- Biest 0.1mg(Estriol 0.08mg/Estradiol 0.02mg)
Progesterone 25mg/Testosterone 1mg/ml
Sig: Apply 1 ml qd to upper arm or inner thigh.
Rub in well & wash hands thoroughly. Dispense 30ml

(Consults and additional formulations available)

Refills _____ Prescriber Signature: _____

Prescriber Name:(print) _____ Phone: _____

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Most Frequently Prescribed Compounds for Women's' Health page 2 of 2

Libido

Testosterone 1mg/ml cream

Testosterone ____mg/ml cream

Sig: Apply 1 ml qd to upper arm or inner thigh.

Rub in well & wash hands thoroughly. Dispense 30ml

Migraines

Caffeine 100mg/Ergotamine 2mg rectal suppositories

Sig: 1 pr at onset of headache. Repeat in 30-60 minutes prn.

Do not exceed 3 in 24 hrs. Dispense: 60 30

Isometheptine 65mg capsules

Sig: 2 po at onset of headache. Repeat 1 po q1h prn,

up to 5 per 24 hrs. Dispense: 60 30

Lactation

Sore nipples: Newman's Nipple Cream

(Betamethasone 0.025%, Clotrimazole 0.25%,
Mupirocin 0.5%, Nystatin 0.4%.)

Sig: Apply sparingly after each feeding up to qid.

Dispense: 90 60 30

Nausea

Ginger Powder 357mg/ Doxylamine Succinate 10mg/

Pyridoxine 10 mg Quick release capsule

Sig: take one to two capsules up to four times daily

Dispense: 60 100 ____

Preterm Labor

Progesterone 100mg vaginal suppositories

Sig: 1 pv hs. Dispense: 30

Progesterone 100mg Troches(F991). Sig: Dissolve 1 troche

between cheek and gum daily. Dispense: 30

Other

Sig: _____

Dispense: 90 60 30 ____

Refills _____ Prescriber Signature: _____

Prescriber Name:(print) _____ Phone: _____